

## Mesoscopic Harmonic Resonance and Defect-Mediated Transport in Discrete Rotational Systems

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Discrete symmetry is usually imposed microscopically or geometrically. Here we show that symmetry order  $N$  is not merely a structural prerequisite, but a dynamic inevitability of transport optimization. While intuition suggests that increasing symmetry order should facilitate flow by lowering the energy cost of topological excitations, this trend is violated: as  $N$  increases, the resulting thinner domain walls become exponentially susceptible to lattice locking. By deriving both defect energetics and mobility from a single Hamiltonian, we reveal a generic mechanism in which linear-response transport is maximized only at a specific intermediate symmetry order. This competition yields a closed-form selection rule for  $N$ , demonstrating that symmetry is not an arbitrary choice but a functional necessity controlled by dimensionless ratios of coupling, pinning, and temperature.

This assumption fails: discrete symmetry order is not merely a prerequisite, but a dynamically selected outcome of transport optimization. Although increasing  $N$  lowers the energy cost of creating topological excitations, it simultaneously produces thinner domain walls that are exponentially more susceptible to lattice locking. By deriving both defect energetics and mobility from a single Hamiltonian, we reveal a generic mechanism in which linear-response transport is maximized only at a specific intermediate symmetry order. This result demonstrates that discrete symmetry is not an arbitrary choice, but a functional necessity controlled by dimensionless ratios of coupling, pinning, and temperature. Throughout, geometric and topological language is used descriptively to characterize phase structure; the results depend only on observed symmetries and dynamical behavior.

We consider a one-dimensional chain of angular variables  $\phi_j \in [0, 2\pi)$  governed by the Hamiltonian

$$H = \sum_j \left[ \frac{I_{\text{eff}}}{2} \dot{\phi}_j^2 + |\epsilon_{\text{eff}}| (1 - \cos(N\phi_j)) \right] + \sum_j J (1 - \cos(\phi_{j+1} - \phi_j)). \quad (1)$$

Here  $I_{\text{eff}}$  is an effective inertia,  $J$  is the inter-site coupling, and  $|\epsilon_{\text{eff}}|$  sets the strength of the  $C_N$  pinning potential. We focus on the deep-pinning semiclassical regime

$$\alpha \equiv \frac{I_{\text{eff}} |\epsilon_{\text{eff}}|}{\hbar^2} \gg 1, \quad (2)$$

for which angular eigenstates are well localized within individual pinning wells and topological defects are sharply defined.

All subsequent results assume this deep-pinning regime, where defects are well localized.

Transport in discretely pinned angular systems proceeds via domain walls (kinks) connecting adjacent minima of the pinning potential. In the continuum sine-Gordon approximation, valid for  $J \gg |\epsilon_{\text{eff}}|$ , the characteristic width of a domain wall is

$$\lambda(N) \sim \frac{\sqrt{J/|\epsilon_{\text{eff}}|}}{N}, \quad (3)$$

while the corresponding defect energy scales as

$$E_{\text{DW}}(N) \sim \frac{8}{N} \sqrt{J|\epsilon_{\text{eff}}|}. \quad (4)$$

The equilibrium defect density therefore follows

$$n(N) \sim \exp\left[-\frac{E_{\text{DW}}(N)}{k_B T}\right]. \quad (5)$$

Discrete lattice effects break continuous translational invariance, generating a Peierls–Nabarro pinning barrier. For narrow domain walls,

$$U_{\text{PN}}(N) \sim U_0 \exp[-2\pi\lambda(N)], \quad (6)$$

where  $U_0$  is a system-dependent prefactor. At zero temperature, defects remain mobile via quantum tunneling through this barrier, with hopping amplitude

$$t(N) \sim A \exp\left[-\frac{U_{\text{PN}}(N)}{\hbar\omega_0}\right], \quad (7)$$

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where  $\omega_0$  is a characteristic attempt frequency and  $A$  is an order-unity instanton prefactor.

Linear-response transport is mediated by mobile defects and may be characterized by the conductivity proxy

$$\Sigma(N) \propto n(N) t(N). \quad (8)$$

Here  $\Sigma(N)$  should be interpreted as a generic linear-response mobility in the Einstein/Kubo limit, proportional to the diffusion constant of mobile defects rather than a specific microscopic conductivity. In this work, “selection” refers exclusively to the integer  $N$  that maximizes this linear-response transport proxy within the controlled deep-pinning, dilute-defect regime assumed below.

The competing trends embodied in Eqs. (5) and (7) yield a non-monotonic dependence of  $\Sigma(N)$  on  $N$ . Maximizing Eq. (8) produces an optimal symmetry order

$$N_{\text{opt}} \sim \mathcal{O}\left(\sqrt{\frac{J}{|\epsilon_{\text{eff}}|}}\right), \quad (9)$$

up to logarithmic corrections from lattice pinning.

Equation (7) implies finite transport even at  $T = 0$ , reflecting quantum mobility rather than dissipative energy extraction. This mobility represents linear-response susceptibility and is fully consistent with thermodynamic constraints.

The present analysis is controlled provided

$$N \ll 4\pi^2\sqrt{\alpha}, \quad (10)$$

ensuring well-defined defects and suppressed interband mixing. Outside this regime, delocalized dynamics dominate and a different description is required.

In summary, discrete symmetry order in rotationally pinned systems emerges as a consequence of defect-mediated transport optimization. The competition between defect energetics and lattice locking selects a specific intermediate symmetry order, with finite transport persisting even at zero temperature through quantum tunneling. These results establish an organizing principle for symmetry selection in mesoscopic angular media.

## APPENDIX A

### Appendix A: Lagrangian Formulation and Continuum Limit

We present a Lagrangian formulation corresponding to Eq. (1) and show its reduction to the continuum sine-Gordon description used to obtain Eqs. (3) and (4).

#### 1. Discrete Lagrangian

Starting from the Hamiltonian (1), the conjugate momentum to  $\phi_j$  is

$$\pi_j = \frac{\partial \mathcal{L}}{\partial \dot{\phi}_j} = I_{\text{eff}} \dot{\phi}_j. \quad (\text{a1})$$

The corresponding Lagrangian is obtained via Legendre transform:

$$\begin{aligned} \mathcal{L} = \sum_j \left[ \frac{I_{\text{eff}}}{2} \dot{\phi}_j^2 - |\epsilon_{\text{eff}}| (1 - \cos(N\phi_j)) \right] \\ - \sum_j J (1 - \cos(\phi_{j+1} - \phi_j)). \end{aligned} \quad (\text{a2})$$

This describes a chain of coupled angular degrees of freedom subject to a  $2\pi/N$ -periodic pinning potential.

#### 2. Continuum Limit

In the regime  $J \gg |\epsilon_{\text{eff}}|$ , the field varies slowly across sites. Introducing lattice spacing  $a$  and a smooth field  $\phi(x, t)$ , we expand

$$\phi_{j+1} - \phi_j \approx a \partial_x \phi + \mathcal{O}(a^2). \quad (\text{a3})$$

To leading order,

$$1 - \cos(\phi_{j+1} - \phi_j) \approx \frac{a^2}{2} (\partial_x \phi)^2. \quad (\text{a4})$$

The Lagrangian density becomes

$$\mathcal{L} = \frac{I_{\text{eff}}}{2} (\partial_t \phi)^2 - \frac{Ja^2}{2} (\partial_x \phi)^2 - |\epsilon_{\text{eff}}| (1 - \cos(N\phi)), \quad (\text{a5})$$

i.e. a sine-Gordon field theory with periodicity  $2\pi/N$ .

#### 3. Equation of Motion

The Euler-Lagrange equation yields

$$I_{\text{eff}} \partial_t^2 \phi - Ja^2 \partial_x^2 \phi + N |\epsilon_{\text{eff}}| \sin(N\phi) = 0. \quad (\text{a6})$$

Defining

$$v^2 = \frac{Ja^2}{I_{\text{eff}}}, \quad (\text{a7})$$

this becomes

$$\partial_t^2 \phi - v^2 \partial_x^2 \phi + \frac{N |\epsilon_{\text{eff}}|}{I_{\text{eff}}} \sin(N\phi) = 0. \quad (\text{a8})$$

#### 4. Static Kink Solutions

For static configurations, the equation reduces to

$$\partial_x^2 \phi = \frac{N |\epsilon_{\text{eff}}|}{Ja^2} \sin(N\phi). \quad (\text{a9})$$

We consider solutions interpolating between adjacent minima of the pinning potential:

$$\phi(-\infty) = 0, \quad \phi(+\infty) = \frac{2\pi}{N}. \quad (\text{a10})$$

Defining  $\theta = N\phi$ , the equation becomes

$$\partial_x^2 \theta = \frac{N^2 |\epsilon_{\text{eff}}|}{Ja^2} \sin \theta, \quad (\text{a11})$$

with solution

$$\phi(x) = \frac{4}{N} \arctan \left[ \exp \left( \frac{x - x_0}{\lambda} \right) \right]. \quad (\text{a12})$$

The characteristic width is

$$\lambda \sim \frac{\sqrt{J/|\epsilon_{\text{eff}}|}}{N}, \quad (\text{a13})$$

recovering the scaling of Eq. (3).

#### 5. Defect Energy

The static energy functional is

$$E = \int dx \left[ \frac{Ja^2}{2} (\partial_x \phi)^2 + |\epsilon_{\text{eff}}| (1 - \cos(N\phi)) \right]. \quad (\text{a14})$$

Using the first integral of motion for the static solution,

$$\frac{Ja^2}{2} (\partial_x \phi)^2 = |\epsilon_{\text{eff}}| (1 - \cos(N\phi)), \quad (\text{a15})$$

the energy reduces to

$$E = \int dx Ja^2 (\partial_x \phi)^2. \quad (\text{a16})$$

Substituting the kink solution then yields

$$E_{\text{DW}}(N) = \frac{8}{N} \sqrt{J |\epsilon_{\text{eff}}|}, \quad (\text{a17})$$

in agreement with Eq. (4).

#### 6. Validity of the Continuum Approximation

The continuum description is controlled under the same conditions assumed in the main text:

1. Wide defects:

$$\lambda \gg a, \quad (\text{a18})$$

2. Weak lattice discreteness corrections, justifying the Peierls–Nabarro treatment,
3. Suppressed interband mixing, consistent with Eq. (10).

Outside this regime, the discrete lattice description must be retained.

## 7. Summary

The Lagrangian formulation shows that Eq. (1) is equivalent, in the continuum limit, to a sine-Gordon field

with periodicity  $2\pi/N$ . The  $1/N$  scaling of both domain wall width and energy follows directly from this structure, providing a field-theoretic underpinning for Eqs. (3) and (4) and the defect-mediated transport mechanism discussed in the main text.